

# Help for Aging Skin



## Wednesday, April 18

Most of us are all too aware of the changes our skin undergoes as we age. Over time, our skin becomes thinner, drier and more wrinkled — and we lose our youthful color and glow. Luckily, there are ways to help delay the natural aging process and prevent many skin problems.

Come hear a board-certified dermatologist describe skin-care habits and treatments that can help minimize or eliminate the signs of aging skin.

- SPEAKER:** Jeanie Leddon, MD, PhD, of Boulder Valley Center for Dermatology
- TIME:** 11:30 a.m. to 1 p.m.
- WHERE:** A Spice of Life Event Center,  
5706 Arapahoe  
(located at Flatirons Golf Course)
- COST:** \$18 includes buffet lunch and lecture
- RSVP:** Reservations required by Monday, April 16: Call 303-441-0580 or email [pr@bch.org](mailto:pr@bch.org) with your name and the number of people in your party.



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