

Say Goodbye to Foot Pain

Tuesday, April 3

Do your feet hurt? You're not alone. Painful foot conditions such as bunions, hammertoe, ingrown nails, plantar fasciitis and osteoarthritis are common among older adults, making it difficult to maintain a full and active lifestyle.

Don't let achy feet slow you down. Come hear a medical specialist describe effective pain-relief measures and treatments for common foot problems.

SPEAKER: Yvonne Weber, DPM,
of Boulder Valley Foot
& Ankle Clinic

TIME: 10 to 11 a.m.

WHERE: Calvary Bible Church
3245 Kalmia Ave., Boulder

RSVP: **Reservations Required**
303 441-0580



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