

FREE SENIOR FOCUS HEALTH LECTURE

# Breakthroughs in combating heart disease

**Tuesday, Sept. 4**

Did you know the nation's number one killer is a disease that can often be prevented? Heart disease is the leading cause of death for both men and women. It kills about 1.4 million Americans every year, which amounts to 1 death every 36 seconds. The good news is that researchers are making remarkable progress when it comes to preventing or delaying heart disease.

Come learn about the latest in heart disease prevention and important breakthroughs for early detection.

**SPEAKER:** Nelson Trujillo, MD, of Rocky Mountain Cardiology

**TIME:** 10 to 11 a.m.

**WHERE:** Calvary Bible Church  
3245 Kalmia Ave., Boulder

**RSVP:** **Reservations Required**  
303-441-0580



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